

Excursions –organized visits in Messinia

Excursions Proposals

1. Kalamata Historical Center –Monastery of St Konstantinos & Eleni –Metropolitan Cathedral of Kalamata ‘Ypapanti’
2. Kalamata Historical Center - Museums
3. Kalamata Historical Center - Monastery of St Konstantinos & Eleni – Castle of Kalamata
4. Shopping Center of Kalamata- Railway Park – Kalamata Marina
5. Shopping Center of Kalamata - Railway Park – Kalamata Coast
6. Stoupa - Kardamyli - Mani Towers
7. Graves of Dioskouri, Kardamyli
8. Mani Castles (Castle of Zarnata, Stavropigio, Lefktro)
9. Kardamyli - Meropi Island
10. Kalamata - Kardamyli - Stoupa
11. Old town of Kyparissia
12. Vaulted Tombs of Peristeria
13. The temple of Epikourios Apollo
14. Ithomi archaeological site - Museum
15. The Monastery of Voulikanos
16. The Palace of Nestor - Pylos Museum
17. Nikokastro Pylos (New Castle) - Pylos Museum
18. Pylos –Voidokilia Beach - Gialova Lagoon
19. Walk in Pylos- Pylos Museum - Sfaktiria Island
20. Polylimnio Waterfalls
21. Koroni Castle - Holy Pilgrimage of Panagia eleistra of Koroni
22. Koroni Castle - Finiokounda Beach
23. Methoni Castle - Inousses Island
24. Kalamata - Mystras
25. Kalamata - Sparta (Olive Museum)
26. Diros Caves
27. Marathos, Proti Island, diving, swimming
28. Ancient Olympia - Zacharo Beach
29. Church of Saint Theodora

Organized visits

1. Walk in AENAON groves in the Village Madaina-Messinia, guided tour at KAROUMPALIS Mill and tasting of local products, (Responsible: Mrs Trigkilida Eleni)
2. Walk in groves in the Village Tsoukaleika-Messinia, guided visit at the Ecological Mill BAROUNIS "Elladiko" and tasting of local products (Responsible: Mr Barounis)
3. Guided visit of the Agricultural Industry of Messinia «AGRO.VIM», in Kalamata, to learn about the standardization of olive oil and olive (Responsible: Mr Gyfteas Γυφτέας)
4. Walk in the vineyards Panagiotopoulos, in the region Gargaliani-Messinia, visit of the winery, tasting of wines and local products. (Responsible: Mr Panagiotopoulos)
5. Walk in the vineyards Psaroulis, in the village Vasilada-Messinia visit of the winery, tasting of wines and local products. (Responsible: Mr Psaroulis)
6. Visit of the organic winery Tsavolakis, in Kalamata and tasting of wines (Responsible: Mr. I. Tsavolakis)
7. Visit of the Kapa Evmelin enterprise, in the Village Zevgolatio-Messinia, which produces the "pasteli" a sweet based on honey and sesame. (Responsible: Mrs P. Karabatos)
8. Guided visit at the Creamery Petropoulos Bros, in Messini, to learn about the way of preparing dairy products and taste the product.